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# Female Cardiac Arrest Survival

Women have a 30% less chance of surviving a Cardiac Arrest compared to males and at CFRA we strive to improve this statistic at all of our courses.

In the case of a cardiac arrest or choking, simply waiting for an emergency response is too late, with immediate CPR and Defibrillation improving cardiac arrest survival by up to 300%. Our scenario based courses are unique and empower participants to initiate female resuscitation confidently without delay.

We are grateful to ERDI Foundation in sharing our vision and generously partnering with us to train 250 GoodSAM responders in accredited first aid (HLTAID011), and strategically place publicly accessible defibrillators.

If you or your organisation is interested in applying to join the CFRA-ERDI GoodSAM team, reach out to us at [info@cfra.org.au](mailto:info@cfra.org.au) Anyone is encouraged to apply, especially those with barriers to emergency care. Selection criteria apply - but it all comes down to increasing female cardiac arrest survival and the number of female GoodSAM Responders in the community.